

# Neonatal Feeding Workshop

for Nursing & Allied Health Professionals

PRESENTED BY ANNE ROSTEN



Anne Rosten - Speech Pathologist and certified practicing member of Speech Pathology Australia, has been working in the area of paediatric feeding for the past twenty years. For ten of these years, Anne has worked as both a Speech Pathologist and Lactation Consultant,

offering a clinically diverse service to infants and their families. Anne has had extensive experience working in inpatient acute areas (NICU & SCN), post natal services, residential facilities and outpatient multidisciplinary feeding clinic settings.

Anne is currently the clinical director of a busy Speech Pathology practice in the South West of Sydney. She has a particular interest in working with newborn babies and infants born prematurely or with developmental issues. She is also frequently consulted for her opinion in diagnosing and managing complex neonatal feeding problems.

Anne is passionate about ongoing education and has made a significant contribution to the teaching and training of allied health and nursing professionals, Australia wide. Over 500 clinicians from around the country have attended her feeding courses over the last two and a half years.

## WORKSHOP DETAILS

THURSDAY 20TH SEPTEMBER 2018

VENUE: Pullman Sydney Airport  
191 O'Riordan Street, Mascot 2020

TIME: Registration 8:30am  
Course 9:00am to 4:00pm

COST: \$299 Early Bird by 23rd August  
Student \$299 | Standard \$329

MEALS: Arrival Tea | Morning Tea  
Lunch | Afternoon Tea

## WORKSHOP SESSIONS

### Understanding new born oral structures

New born oral structures will be examined with reference to detailed diagrams and photos. Easy to understand explanations of the specific roles that these structures play in the feeding process will also be provided.

### Knowing what's normal in the neonatal period

The normal stages of neonatal feeding development will be outlined, detailing the complex functions of sucking and swallowing. Functional assessment of all feeding reflexes will also be covered.

### Neonates at risk

Neonates at risk of feeding problems will be identified and discussed. The impact of 'at risk' factors on breast and bottle feeding will be explored with working rationales. Risk factors discussed will include cleft lip and palate, tongue tie, respiratory distress, Down syndrome, tracheoesophageal fistula, neonatal abstinence syndrome, cardiac conditions, prematurity, gastroesophageal reflux and others.

### Troubleshooting common neonatal feeding problems

Common neonatal feeding problems will be presented in a workshop type format with likely causes and suggested management planning provided for each. Scenarios will include problems such as poor attachment to the breast and/or bottle, weak sucking, difficulties coordinating the suck-swallow-breath pattern, breast and bottle refusal, coughing, choking & wet-noisy breathing, leakage and spitting of milk from the mouth, tiring or falling asleep while feeding and others. Time will also be allocated for participants to put forward cases for workshopping and management support.

TO REGISTER COMPLETE THE ATTACHED FORM  
& EMAIL TO [admin@harringtonspeech.com](mailto:admin@harringtonspeech.com)  
BY THURSDAY 6TH SEPTEMBER 2018

For all enquiries

📞 **0468 566 595**

✉ [admin@harringtonspeech.com](mailto:admin@harringtonspeech.com)

CPD available



Harrington Speech  
& Paediatric Feeding Pty Ltd.

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## REGISTRATION FORM

Complete form below and return via email to: [admin@harringtonspeech.com](mailto:admin@harringtonspeech.com)  
Confirmation will be provided via email

Participant Name: .....

Profession/Position: .....

Postal Address: .....

Contact Number: .....

Email (for course confirmation): .....

Special dietary needs: .....

Payment Amount: .....

Payment By: (please mark X)

☐

Cheque (payable to Harrington Speech and Paediatric Feeding Pty Ltd)  
Suite 208, Level 2, Oran Park Podium,  
351 Oran Park Drive, Oran Park NSW 2570

☐

Direct deposit

**Account name:**

Harrington Speech and  
Paediatric Feeding Pty Ltd

**BSB:** 062424

**Account Number:** 10686107

**Bank:** Commonwealth Bank of Australia

Use your **full name** as a reference

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REGISTRATION CLOSING THURSDAY 6TH SEPTEMBER 2018  
PLACES ARE LIMITED!

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